



TECH GUIDE



CYCLOCROSS NATIONAL CHAMPIONSHIPS

HARTFORD CONNECTICUT | 2022



CYCLOCROSS NATIONAL CHAMPIONSHIPS

DECEMBER 2022 • HARTFORD, CT

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WELCOME TO HARTFORD • CONNECTICUT

Welcome to Hartford, Connecticut! We're honored to host the athletes, teams, and spectators of the 2022 USA Cycling Cyclocross National Championships. We hope you'll explore the city, and its riverfront parks while you're here.

You may have heard that Hartford Has It, and it does. Looking for world-class dining? We've got that. Head right downtown to Max, Bar Pina, or Salute. In the mood for free ice-skating? Head to Bushnell Park for Winterfest Hartford.

Interested in learning a bit about Hartford's history? You could visit the Mark Twain House, or the Wadsworth Atheneum, the first public art institution in the country, or you can start right now, with this year's venue, Riverside Park. In 1898, the park was designed by the landscape firm of Frederick Law Olmsted, Hartford native and renowned park designer. The park opened in 1899, as a recreational space for nearby residents, and now is managed, maintained, operated and activated by Riverfront Recapture. Some of the park's unpaved trails, through floodplain forest, are part of this year's course, and its paved trails connect you to Riverfront Recapture's three other parks along the Connecticut River: Charter Oak Landing, Great River Park, and Mortensen Riverfront Plaza. If you happen to be looking for an invigorating six-mile run while you're in Hartford, run the four-park loop.

Visit hartford.com for events, dining recommendations, recreation spots, and things you can't miss. Most importantly, enjoy the race and have a wonderful time while you're here!

Michael Zaleski
President & CEO, Riverfront Recapture



ATTRACTIONS

WINTERFEST HARTFORD

Bushnell Park, 70 Elm Street, Hartford, CT

Free ice skating, free ice skate rentals, photos with Santa and more, from 12 - 8 pm on weekdays and 11 am - 8 pm on weekends. winterfesthartford.com

WADSWORTH ATHENEUM

600 Main Street, Hartford, CT

Founded in 1842 with a vision for infusing art into the American experience, the Wadsworth Atheneum Museum of Art is home to a collection of nearly 50,000 works of art, spanning 5,000 years and encompassing European art from antiquity to contemporary as well as American art from the 1600s through today. The Wadsworth Atheneum Museum of Art is the oldest continuously-operating public art museum in the United States, opening its doors to the public in 1844. thewadsworth.org

CONNECTICUT SCIENCE CENTER

250 Columbus Blvd, Hartford, CT 06103

From forensics to geology, physics to engineering, there is fun for the whole family. Engaging in STEM just got more fun with over 165 hands-on exhibits. ctsciencecenter.org

CONNECTICUT HISTORICAL SOCIETY

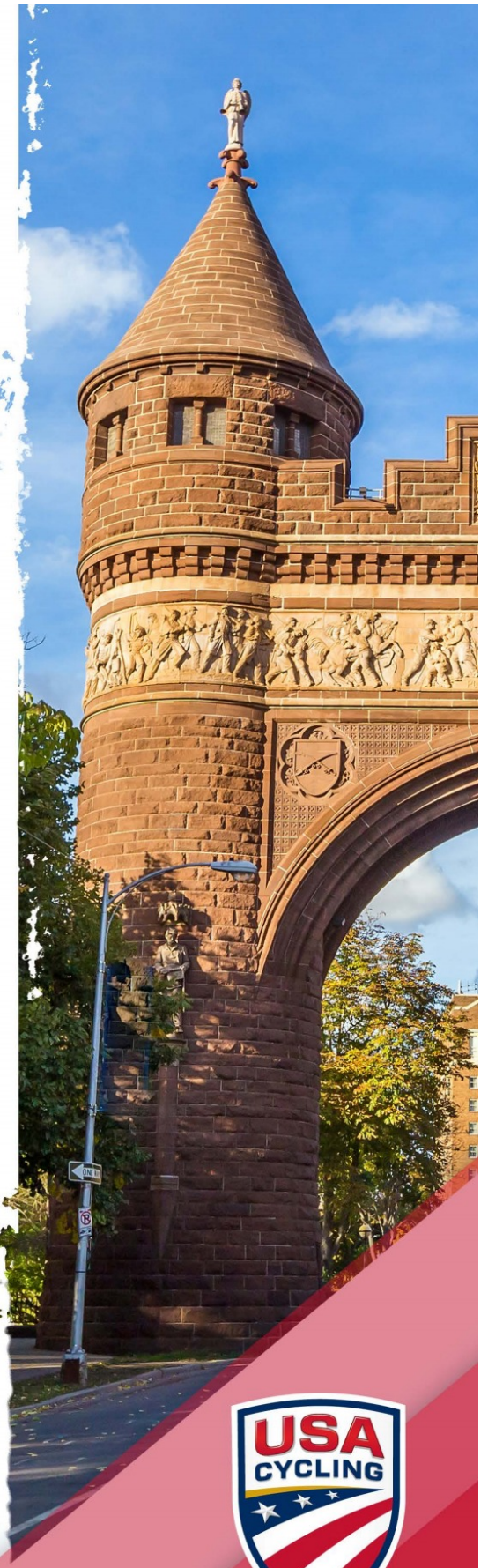
One Elizabeth Street, Hartford, CT

A private, nonprofit, educational organization established in 1825, the Connecticut Historical Society is the state's official historical society and one of the oldest in the nation. Located at One Elizabeth Street in Hartford, the CHS houses a museum, library, and the Edgar F. Waterman Research Center that are open to the public and funded by private contributions.

The Bicycle Game explores the 1890's surge in the popularity of bicycles in an interactive and playful exhibition designed for visitors of all ages, in groups or on their own. In the galleries, visitors will find the history of the bicycle transformed by an angry villain into a series of games and puzzles that must be solved. From trivia to bicycle racing to Chutes and Ladders, visitors will need to rely on a host of skills to make their way through the game and preserve this important moment in Connecticut history. Visit The Bicycle Game and take history for a ride! chs.org

Looking for events, restaurants, and other attractions?

Visit hartford.com





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TRAVEL AND VENUE INFORMATION

NEARBY MEDICAL FACILITIES

HARTFORD HOSPITAL

80 Seymour Street
Hartford, CT 06102
860. 545. 5000

ST. FRANCIS HOSPITAL

231 Ashley Street
Hartford, CT 06105
860. 714. 4000

AIRPORT

BRADLEY INTERNATIONAL AIRPORT (BDL)

Schoephoester Road
Windsor Locks, CT 06096

DRIVE TIME TO HARTFORD, CT: 15 MINS

TRANSIT

Get around in Hartford using **CT Transit** and **CTfastrak** www.cttransit.com or on a **Superpedestrian Link Scooter** superpedestrian.com/hartford

VENUE

RIVERSIDE PARK

20 Leibert Rd
Hartford, CT 06120

PARKING

PEQUOT ST & MARKET ST LOTS

410 Market Street
Hartford, CT

MONDAY REGISTRATION & PACKET PICK UP

AMERICAN EAGLE FEDERAL CREDIT UNION

333 East River Drive
East Hartford, CT 06108



USA CYCLING STAFF

National Events Manager (Race Director)
Director of National Events
National Events Coordinator
Chief of Racing and Events
Director of Event and Customer Service
Event Services Manager
Senior Event Services Regional Manager
Event Services Regional Manager
Technical Director
Cyclocross Director
Marketing Operations Manager
Marketing Manager
Communications Manager
Member Services Manager
Digital Product Manager
Collegiate and Youth Manager

ADDITIONAL EVENT STAFF & SERVICES

Stage Manager (Socket Events)
Stage Manager (Socket Events)
Timing (One2Go)
Timing (One2Go)
Fencing (Race Day Events)
Stage Announcer
Stage Announcer
Photographer
Photographer
Photographer
Course Director
Operations
Operations
Operations
Operations
Operations

RIVERFRONT RECAPTURE STAFF

President & CEO
Director of Public Safety
Director of Communications & Marketing
Director of Events
Volunteer & Programs Coordinator
Director of Operations
Director of Park Planning & Development
Organizing Member at Large

Laura Rice
Tara McCarthy
James Emeric
Chuck Hodge
Trish Black
Liz Reardon
Matt Waite
Larry Martin
Bonnie Walker
Jesse Anthony
Tom Mahoney
KK Santos
Angelina Palermo
Parker Ohlmann
Nick Paglia
Justin Evans

Colin Cadogan
Larry Ramona
Jon Gallagher
Tom Mains
Kevin Ses
Chris Bennett
Shaun Radley
Nathaniel Schneeberger
Morleigh Schneeberger
Tory Hernandez
Darron Sturgeon
Timothy Hopkin
Jason Morgan
Andy Murphy
Laura Reppert
Dave Hagan

Michael Zaleski
Rob Allan
Tara Cantor
Bridget Cooke
Margie Girardi-Telech
Christopher R. Hayes
Marc A. Nicol
David Hildebrand

EVENT STAFF





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OFFICIAL EVENT WEBSITE

usacycling.org/events/national-championships/2022-cyclocross-nationals

USA Cycling Permit 2022-5862

USA CYCLING RULE BOOK

usacycling.org/resources/rulebook

CLICK HERE FOR
**EVENT
SCHEDULE**

NATIONAL CHAMPIONSHIP COVID-19 PROTOCOL

Below you will find COVID protocol for the 2022 Cyclocross National Championships. At this time, we have reduced testing requirements to a recommendation. While we are not collecting vaccine or negative COVID test results at packet pickup **we are requiring anyone who does test positive while at the event, showing symptoms, or has an exposure notification to follow the general requirements below.**

Updated July 6, 2022

1. Testing recommendations

- a. Who is recommended to test
 - i. All racers who are not fully vaccinated, no matter of age.
 - ii. Fully vaccinated racers are not required to get tested.
 - 1.1. Per the CDC, people are considered fully vaccinated 2 weeks after their second vaccine dose in a 2-dose series, such as the Pfizer or Moderna vaccines or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.
- b. Type of test recommended- PCR or rapid antigen testing aka as a rapid COVID test.
- c. Timing of testing is within 3 days of registration/packet pickup.

2. General requirements

- a. Anyone showing symptoms may not come to the event venue.
- b. Contact Tara McCarthy, tmccarthy@usacycling.org for further guidance if an athlete or rider support/staff is showing symptoms, tests positive for COVID while onsite, or are alerted that someone they have been in close contact is showing symptoms.

EVENT INFORMATION

ACTIONS

The following actions may be taken based on the forecast and conditions:

- No direct action/monitor situation
- Modification of the course
- Change of start times (e.g. later starts when warmer or precipitation has stopped)
- Combining of classes and categories
- Shortening of individual races
- Change of start date
- Cancellation

In addition to the above actions affecting race participants, the following actions may be considered in relation to spectators, staff and volunteers:

- Increased medical staffing
- Warming/cooling areas provided
- Decrease in shift times/exposure

These lists are not exhaustive, and may be used in combination or separately on different days or at different times.

COMMUNICATIONS PLAN

Status updates, and if needed, revised schedules will be communicated to the affected parties through a variety of methods:

- An email update will be sent directly to registered athletes/participants by USA Cycling.
- USA Cycling will utilize its social media platforms to provide outreach to spectators and volunteers.
- Venue announcements will be used in the case of on-site modifications and notifications, using Public Address System and posted materials at Race Office/Awards Stage.
- Credentialed media will be provided with updates through USA Cycling communications staff.
- A text message will be sent to those registered for event test messages.

PARKING

All rider and spectator parking is located at **Pequot St & Market St at 410 Market St, Hartford, CT**. A secure equipment drop-off will be available within the venue for bikes and gear to be dropped-off prior to parking and accessing the venue via the Riverside Park Pedestrian Overpass.

VENUE PARKING & GATE ENTRANCE

Space is limited within the venue and restricted to purchased vendor and team parking.



Vendors and teams who have **purchased** space within in the venue will access Riverside Park via Liebert Rd. Please follow instructions posted and staff instructions upon arrival. All entrants must have a wristband to access the venue. Team and vendor wristbands will be provided in your packet that will be collected at the Liebert Rd entrance upon initial arrival. Additional wristbands may also be purchased at this access point.

Vendors and teams who did not purchase parking within the park will have access to drop equipment inside Riverside Park, and will park at general parking located at Pequot St & Market St at 410 Market St, Hartford, CT.

Riders who wish to **drop off equipment** in the venue may access the drop off via the Liebert Road entrance. All entrants must have a wristband. Registered riders will collect wristbands at any Riverside Park entry point during the week, or during registration on day one, Monday, December 5, at American Eagle Credit Union.

After dropping equipment, riders will need to park at the general event parking, located at Pequot St & Market St at 410 Market St, Hartford, CT.

Riders and spectators entering Riverside Park from general parking will access the park via the pedestrian bridge. Individual wristbands will be available for pickup or purchase at the venue gate entrance on the parking side of the pedestrian bridge. All entrants must have a wristband to access the park.

Riders and spectators accessing the park via the Riverwalk will encounter a gate to access the park. Wristbands will be available for purchase at this access point. All entrants must have a wristband to access the park.

For those with mobility challenges, a drop off point or handicap parking with proper documentation will be provided within the venue via Liebert Road. All entrants must have a wristband to access the park.

Wristbands are \$20 and required for ages 11 years and up. Wristbands are valid for entire week of racing, and are non-transferrable.

GATE HOURS

Monday Vendor and Team Purchased Space: 10:00am Load In opens. Rider Access: 12:30pm. Venue is closed to the public at 5:30pm daily.

Tuesday: 6:30am-5:30pm

Wednesday: 5:30am-5:30pm

Thursday: 5:30am-5:30pm

Friday: 5:30am-5:30pm

Saturday: 5:30am-5:30pm

Sunday: 5:30am-5:30pm

**No overnight camping is allowed in Riverside Park.
No overnight parking is allowed in general parking.**



WRISTBAND/GATE FEE

All competitors receive an admission wristband with race registration. Additional wristbands, \$20, for those 11 years and up are available for purchase. Competitors will pick up their wristband and any additional wristbands they purchased at rider registration/packet pickup. Spectators may also pick up their pre-purchased wristbands at the below locations.

Monday, December 5: 12:00 p.m. to 6:00 p.m.

American Eagle Federal Credit Union, 333 East River Drive, East Hartford, CT 06108

Tuesday-Sunday, December 6-11: See Schedule

Wristbands are also included in some team parking and expo packages, [available here](#).

TEAM TENTS

Small and large team tent space is available inside the venue. To view space and tent requirements visit riverfront.org/cyclocross. Limited add-on parking within the venue is available by contacting our venue hosts at riverfront.org/cyclocross.

EXPO

Vendors, cycling, outdoor lifestyle businesses and more are invited to participate in the active and exciting expo at the 2022 USA Cycling Cyclocross National Championship. For more info visit riverfront.org/cyclocross or contact Bridget Cooke at bcooke@riverfront.org

ELIGIBILITY

Review all event rules and procedures in the event [Eligibility and Rules Document here](#).

Additional

1. Tires.

- a. Tires may not incorporate any type of spike or stud, regardless of whether or not the spike/stud has been worn down.
- b. For races held under UCI regulations, the tire width is limited to 33mm and will be checked prior to entering the staging grid. This includes Elite Men and Women, U23 Men and Women, and Juniors 17-18.
- c. For races held under USA Cycling regulations, the tire width is limited to 38mm and will be checked prior to entering the staging grid. This includes all Masters, Collegiate, Singlespeed, and non-binary events.



RESULTS

Results will be posted near the start/finish line.

Live Timing Link for Results: www.livelynxresults.com

The protest period is 15 minutes after posting, after which time they become FINAL.

Final results will be posted to the USA Cycling website.

RADIOS

While on the courses, riders may not use radios, telephones, or other communication devices. No earpieces may be worn. Audio playback devices are forbidden.

UNITED STATES ANTI-DOPING AGENCY

The United States Anti-Doping Agency is the independent anti-doping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating doping in sport, preserving the well-being of sport, and ensuring the health of athletes through drug testing, research initiatives, and educational programs.



SELECTION OF RIDERS FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. Noncompliance or refusing to be tested will result in the same penalties as a doping violation.

For more detailed information concerning USADA protocol and banned substances, please visit the USADA website at www.usantidoping.org.

All athletes should check the results board once they complete their race. Athletes should also check the results board after the final omnium standings have been posted. If athletes are selected for testing, numbers of selected riders will be posted next to the results.





WATCH




LIVE ON

FLOBIKES

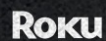
SUBSCRIBE TODAY AT [FLOBIKES.COM](https://flobikes.com)



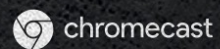
android 

ios 

apple tv 

Roku 

firetv 

chromecast 

Be There.



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COURSE INFORMATION

PRE-RIDE

Riders must display number bibs at all times on all courses for practice and race sessions. All coaches/parents of 14-and-under athletes pre-riding the courses will be required to sign a waiver and pick up a “coach” number at registration. Numbers must be displayed on coach/parent at all times.

Course pre-rides are only allowed during open course times found on the event schedule.

TECHINICAL SUPPORT/PIT

A big thanks goes to Shimano who will be providing technical support during competition in the pit and outside of competition throughout the event. They will be located near the finish.

The pit is for support personnel and spare equipment. Spectators will be asked to leave. All spare equipment for a race may not be deposited in the pit until the previous race has finished and must be removed immediately after the race that is being supported.

Pit passes will be required for the UCI category races (elite, U23 and 17-18). Pit passes must be obtained at the registration room. Pit support personnel must hold a license, of any kind, with USA Cycling or a foreign federation and are required to register for pit passes. There is a limit of two passes per rider registered in each event.

Power washers in the pit are for active races only. All other equipment washing must be done at the neutral bike wash.

Elite pit boxes will be drawn, based on UCI standings, on Saturday at 1:15pm on the second floor of the Boathouse.

STAGING & STARTS

Rider staging will take place 10 minutes prior to each race start. Please be at the staging area before your scheduled race start. The call-up procedure is detailed in the Eligibility, Rules & Call-ups.

Start lights of red and green will be used to indicate starts. The lights will be red during staging. After the official has given final instructions, an approximate time until start will be given. The start is official when the light changes from red to green.

COURSE CHANGES

USA Cycling endeavors to create a course that is age and ability-appropriate for younger juniors as well as other amateur age groups. Weather can dictate the need for course changes. This may mean shortening or adding to the advertised course. The goal is to create a multiple lap race for all riders that can be completed within the time allowed. If course changes are needed, communication will be sent to riders of the affected races.

PULLING OF RIDERS

UCI CATEGORIES (ELITE, U23, JUNIOR 17-18): The UCI 80% rule will be applied during these races.

MASTERS, 16-UNDER JUNIORS, SINGLESPEED, AND NON-CHAMPIONSHIP: Generally, riders will be allowed to be lapped and will finish on the same lap as the race leader and placed appropriately. In order to respect the competitive efforts of participants for their National Championship titles, fields with more than 75 starters will implement the 80% regulation 4H1(c), with riders who are predicted to be lapped by the leaders in their next lap pulled and placed. This method assures an accurate placing for any rider that is pulled and ensures that the riders in contention for the National Championship titles can, to the greatest extent possible, race without the potential disturbance of passing lapped riders

For riders out of contention and significantly behind the leaders, an early bell may be used as announced.

4H1(D) EARLY BELL. The intent is to notify lapped or out of contention riders that the end of the allotted time of the race is approaching, and they will finish and be scored relative to their crossing of the finish line on the next lap, regardless of whether the leader of the race has passed them. Officials shall attempt to indicate 1 lap to go by announcement, a bell or lap counter that riders will finish in the next lap. All riders finish when the lap cards indicate 0.

SEVERE WEATHER GUIDELINES (SWG)

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion, or other dangerous conditions. In preparation for the upcoming Cyclocross National Championships in Hartford, CT, USA Cycling and a cross section of key constituents, have created the following plan to help mitigate any weather-related risks while respecting the unique racing conditions of the sport.

In the case of severe weather, the available following people will be empowered to make decisions regarding the conduct of the race(s):

- USA Cycling Chief of Racing & Events Chuck Hodge
- Race Director Laura Rice
- Director or National Events Tara McCarthy
- Course Director Darron Sturgeon
- Riverfront Recapture Chris Hayes
- USA Cycling Technical Director Bonnie Walker
- Chief Referee Marco Vasquez
- Athlete Representative Margell Abel
- Junior Athlete Representative Jessica Mullins

Other staff and experts may be included and consulted based on the specific conditions.



CONVENING THE SWG PANEL

This panel would be immediately convened under the following circumstances:

- A NOAA special weather statement is issued for the race venue.
- Severe cold/heat and/or wind anticipated within 72 hours.
- Freezing rain, heavy snow or other threatening precipitation is forecast.
- Other atmospheric conditions that could affect the health and welfare of athletes, spectators, staff, and volunteers.
- Road conditions, travel and transportation to and from the venue, poses danger to volunteers, staff, spectators, or athletes.

Any member of the panel is empowered to request that the group convene based on conditions outside of those mentioned above.

RELAY GUIDELINES

COLLEGIATE TEAM

- Each team will have up to four riders with at least one woman and one man, and no more than two men or two women. Potential team compositions would be: WM; WMM; WWM; WWMM
- One representative of each team starts the race and at the end of each lap, there is an exchange to another rider. The race will be 4 laps long and riders may not do consecutive laps, so exchanges are mandatory each lap, even if a team has fewer than four riders.
- Any two laps must be completed by women.
- The exchange area will be divided into two lanes. Riders finishing their lap will funnel into one lane, and from the other lane, riders waiting to start their lap will start moving once their teammate has crossed the exchange line in the other lane.
- Riders may not exit their start stalls until their incoming teammate has entered the exchange zone.
- The rider finishing a lap **MUST** cross the finish line **BEFORE** his/her teammate. [30 second penalty]
- The event counts toward the Team Omnium only.

NON-CHAMPIONSHIP TEAM RELAY

Teams of two to four riders will complete a total of four laps on a shortened course. Team make up can be no more than two elite or master male riders, no more than one pro/elite male, and no more than one pro/elite female. If your team has a 15-18 or masters female or 13-14 male a time bonus will be given. If your team has a 13-14 female a time bonus will be given. If your team has an elite male or female or 15-18 male a time penalty will be given. These bonuses and penalties are to equalize the playing field and encourage females and young athletes. Time bonuses will be determined once the course has been finalized.





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TRAVELERS

American Eagle
Financial Credit Union

LAZ
PARKING

NASSAU



RIDEWITH GPS LINK



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FAN CODE OF CONDUCT

Updated: April 13, 2022

USA Cycling is committed to ensuring a safe and enjoyable experience at USA Cycling events. This Fan Code of Conduct is intended to address conduct that is inconsistent with these goals and detracts from the event experience. The Fan Code of Conduct is applicable to all attendees of USA Cycling sanctioned events, whether as a spectator, participant, or otherwise.

The following conduct is prohibited at every USA Cycling sanctioned event:

- Behavior that is unruly, disruptive, threatening or violent in nature, including verbal or physical harassment of officials, athletes, staff, volunteers, or fans
- Conduct that is illegal
- Conduct that interferes with the operation of the event
- Intentionally placing, dropping, or throwing any substance or object onto the course
- Conduct that results in damage to the venue or other personal property
- Conduct that interferes with other fans' enjoyment of the spectator experience
- Displaying signs, symbols, images, using language, or making gestures that are threatening, abusive, or discriminatory on the basis of race, ethnicity, national origin, religion, gender, gender identity, ability, or sexual orientation
- Wearing obscene or indecent clothing
- At events where alcohol is permitted, attendees will consume alcohol in a responsible manner
- Failure to comply with event or venue rules

Any attendee who does not comply with this Fan Code of Conduct may be subject to penalty, including, but not limited to, ejection from the event without refund and loss of privileges for attending future events. USA Cycling members are also subject to USA Cycling's Policies, Regulations, and Member Code of Conduct and may be subject to further discipline up to and including suspension of membership privileges.

Attendees are encouraged to report inappropriate behavior on-site to a USA Cycling Official or the event director.



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PARTNERS



LOCAL PARTNERS





Course Maps provided by Singletrack Maps
Graphic Design provided by Manna Creations

USACYCLING.ORG